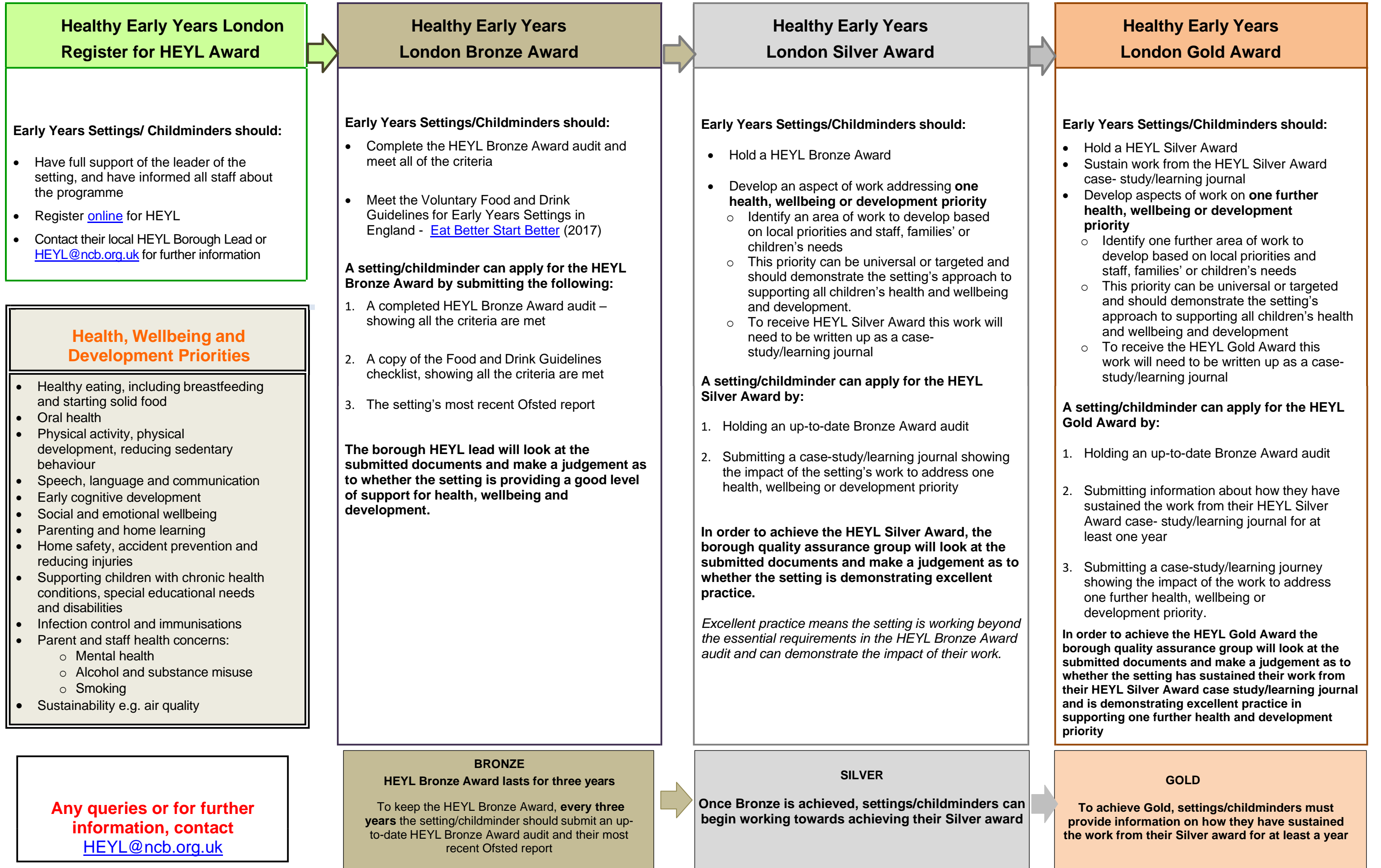


Healthy Early Years London Award (HEYL): Pathway for Settings and Childminders



Healthy Early Years London Register for HEYL Award

Early Years Settings/ Childminders should:

- Have full support of the leader of the setting, and have informed all staff about the programme
- Register [online](#) for HEYL
- Contact their local HEYL Borough Lead or HEYL@ncb.org.uk for further information

Health, Wellbeing and Development Priorities

- Healthy eating, including breastfeeding and starting solid food
- Oral health
- Physical activity, physical development, reducing sedentary behaviour
- Speech, language and communication
- Early cognitive development
- Social and emotional wellbeing
- Parenting and home learning
- Home safety, accident prevention and reducing injuries
- Supporting children with chronic health conditions, special educational needs and disabilities
- Infection control and immunisations
- Parent and staff health concerns:
 - Mental health
 - Alcohol and substance misuse
 - Smoking
- Sustainability e.g. air quality

Any queries or for further information, contact HEYL@ncb.org.uk

Healthy Early Years London Bronze Award

Early Years Settings/Childminders should:

- Complete the HEYL Bronze Award audit and meet all of the criteria
- Meet the Voluntary Food and Drink Guidelines for Early Years Settings in England - [Eat Better Start Better](#) (2017)

A setting/childminder can apply for the HEYL Bronze Award by submitting the following:

1. A completed HEYL Bronze Award audit – showing all the criteria are met
2. A copy of the Food and Drink Guidelines checklist, showing all the criteria are met
3. The setting’s most recent Ofsted report

The borough HEYL lead will look at the submitted documents and make a judgement as to whether the setting is providing a good level of support for health, wellbeing and development.

BRONZE

HEYL Bronze Award lasts for three years

To keep the HEYL Bronze Award, every three years the setting/childminder should submit an up-to-date HEYL Bronze Award audit and their most recent Ofsted report

Healthy Early Years London Silver Award

Early Years Settings/Childminders should:

- Hold a HEYL Bronze Award
- Develop an aspect of work addressing **one health, wellbeing or development priority**
 - Identify an area of work to develop based on local priorities and staff, families’ or children’s needs
 - This priority can be universal or targeted and should demonstrate the setting’s approach to supporting all children’s health and wellbeing and development.
 - To receive HEYL Silver Award this work will need to be written up as a case-study/learning journal

A setting/childminder can apply for the HEYL Silver Award by:

1. Holding an up-to-date Bronze Award audit
2. Submitting a case-study/learning journal showing the impact of the setting’s work to address one health, wellbeing or development priority

In order to achieve the HEYL Silver Award, the borough quality assurance group will look at the submitted documents and make a judgement as to whether the setting is demonstrating excellent practice.

Excellent practice means the setting is working beyond the essential requirements in the HEYL Bronze Award audit and can demonstrate the impact of their work.

SILVER

Once Bronze is achieved, settings/childminders can begin working towards achieving their Silver award

Healthy Early Years London Gold Award

Early Years Settings/Childminders should:

- Hold a HEYL Silver Award
- Sustain work from the HEYL Silver Award case- study/learning journal
- Develop aspects of work on **one further health, wellbeing or development priority**
 - Identify one further area of work to develop based on local priorities and staff, families’ or children’s needs
 - This priority can be universal or targeted and should demonstrate the setting’s approach to supporting all children’s health and wellbeing and development
 - To receive the HEYL Gold Award this work will need to be written up as a case-study/learning journal

A setting/childminder can apply for the HEYL Gold Award by:

1. Holding an up-to-date Bronze Award audit
2. Submitting information about how they have sustained the work from their HEYL Silver Award case- study/learning journal for at least one year
3. Submitting a case-study/learning journey showing the impact of the work to address one further health, wellbeing or development priority.

In order to achieve the HEYL Gold Award the borough quality assurance group will look at the submitted documents and make a judgement as to whether the setting has sustained their work from their HEYL Silver Award case study/learning journal and is demonstrating excellent practice in supporting one further health and development priority

GOLD

To achieve Gold, settings/childminders must provide information on how they have sustained the work from their Silver award for at least a year